



MAHARISHI VIDYA MANDIR

MOGAPPAIR

Affiliation No.: 1931539

CALENDAR & HANDBOOK

APRIL 2025 - MARCH 2026

**Pupils should bring this diary
to school everyday**

"NOVA COLOURS"

Malligeshwari Street, Nolambur, Chennai - 600095

www.mvmmogappair.in

Tel: 044 - 43066138

*"The potential
of every student
is infinite.*

*The time of student life
should serve to unfold
that infinite potential
so that every individual
becomes a vibrant center
of Total Knowledge"*

- His Holiness Maharishi Mahesh Yogi



HIS DIVINITY GURUDEV SWAMI BRAHMANANDA SARASWATHI MAHARAJ

THE TRADITION OF KNOWLEDGE

Transcendental Meditation and T.M. Sidhi Programme draw their inspiration from Maharishiji's Master. His Divinity Swami Brahmananda Saraswathi Maharaj, who was the Shankaracharya of Jyothirmath, in Northern India.

Maharishiji and his Master came from a tradition whose roots go back to the beginning of time and which includes great saints such as Vashista and Vyasa, who saw within themselves the delicate impulses of pure knowledge, the Veda, which are the very basis of life.

The precious knowledge, which has made Transcendental Meditation so effective and successful and has made it possible for us to become Sidhas, comes from this glorious tradition.

SCHOOL MOTTO



Knowledge is structured in consciousness means consciousness constitutes knowledge.....

"If we want complete knowledge we should have a state of consciousness which is most comprehensive. The expanded, unbounded state of consciousness should be established and then on the basis, what ever knowledge is gained will be true and complete. Because that non changing field of pure consciousness does not change and because it is unbounded, knowledge will always be complete, comprehensive and non-changing. Then the knowledge will be true. Truth is that, which never changes. Only incomplete knowledge changes. Complete, decisive, full knowledge gained on the level of pure consciousness never changes. This is what we aim at when we say: "knowledge is structured in consciousness".

MISSION STATEMENT

The school strives to improve the performance of the students every year in such a way that at least 40% of the students get into high profile institutions and other reputed institutions. It ensures to improve the students' physical and mental health through physical fitness programs. Transcendental meditation, yoga and pranayama make the learning environment happy and peaceful.



His Holiness Maharishi Mahesh Yogi (Our Founder and a Great Sage)

Founder of Maharishi School of the Age of Enlightenment, who introduced the Transcendental Meditation program to the world 50 years ago for systematically developing higher states of consciousness, Maharishi is now offering every school consciousness based education so that all students everywhere can enliven total brain functioning, unfold their full creative potential to enjoy healthy, happy and successful lives.



Jai Guru Dev

H.H. Maharishi Mahesh Yogi

His Holiness Maharishi Mahesh Yogi was born on 12th January 1917 in Raipur City of present day Chhattisgarh, India. Originally named Mahesh Prasad Varma, he belonged to a Kshatriya caste, Hindu family, living in a small village called Chichil, near Jabalpur, Madhya Pradesh. He received his Master's Degree in Physics from Allahabad University, in 1940. During this period, he felt inclined towards spiritual life. He then, became a disciple of Swami Brahmananda Saraswathi, who gave him the name of 'Bal Brahmachari Mahesh'.

After the death of Swami Brahmananda Saraswathi, in 1953, Mahesh travelled to Uttarkashi, in the Himalayas. The two years he spent in Himalayas enabled him to deepen his meditation experience. He left Uttarkashi in 1955 and decided to teach the world, the traditional meditation techniques, which he had learnt from his master.

He named these techniques "Transcendental Meditation". Transcendental Meditation is a mental technique that helps a person in achieving consciousness. It involves the use of mantra through which the mind becomes alert, but the body feels relaxed. Meanwhile he assumed the title of "Maharishi". Thereafter, he started public teaching of meditation techniques. He started the spiritual re-generation movement in 1957, by establishing his first organisation in Chennai, the same year.

He received positive feedback from spiritual re-generation movement which motivated him to expand his teachings. His tour to Rangoon (Burma) in 1958, marked the beginning of world tour to teach the Transcendental Meditation techniques. Later, he travelled to the United States in 1959, to establish his spiritual re-generation movement there. After popularizing the movement in the United States, he travelled to Europe to expand his teachings further.

His Holiness Maharishi Mahesh Yogi returned to India and established a number of Administrative Centres in India, where he gave lectures and taught about the Transcendental Meditation techniques. A number of practitioners were trained to serve as Teachers of this technique. H.H. Maharishi Mahesh Yogi organized his first International Teacher Training Course in Rishikesh, in 1961.

Maharishi Mahesh Yogi established his first International University in 1971, which he re-named 'Maharishi University of Management'. Taped lectures and writings of the Maharishi about Science of Creative Intelligence have been stored in the University's Library. Maharishi University of Management is accredited with combining Modern Science with Vedic Science. His increasing interest in Vedic Knowledge motivated him to translate and give commentary on the first six chapters of Bhagwad Gita.

In addition to Transcendental Meditation techniques for over 30 years, the TM-Siddhi Programme designed by him proves to be quite beneficial in group practice. The TM Movement has become very popular. Many scientists have found physical and mental health benefits from the Transcendental Meditation techniques.

The little seed sowed by him had nourished into a structured tree, the fruit of which is reared through implementation of Transcendental Meditation techniques in our schools, throughout.

Maharishi Mahesh Yogi breathed his last on February 5th, 2008 at Vlodrop, The Netherlands. Today, there are more than 5 million followers of Maharishi, who seek to attain higher state of consciousness.

"All that we are is the result of what we have thought. The mind is everything. What we think, we become".

Maharishi Mahesh Yogi

PUPIL'S PERSONAL RECORD

Name of the Pupil (As Per Birth certificate)	:	
Standard	:	Sec:
Date of Birth	:	
Community/Caste	:	
Admission No.	:	
Aadhar No.	:	
Blood group	:	
If allergic to any medicine mention the medicine	:	
Name of Father	:	
Name of Mother	:	
Name of Guardian	:	
Address	:	
[i] Office Address with Phone No.	:	
[ii] Residence Address	:	
[iii] E-mail ID	:	
[iv] Contact number of Father	:	
[v] Contact number of Mother	:	

MORNING PRAYER

“Gurur Brahma Gurur Vishnu
Gurur Devo Maheswaraha
Guruh Sakshath Para Brahma
Thasmai Shri Gurave Namah”.

தமிழ்த்தாய் வாழ்த்து

திராரும் உலுருத்த திலமடந்தைக் கெழினொழுகும்
சீராரும் வதனமொளந் திகழ்ப்பாத கண்டயிழில்
நெக்கனையும் அதிற்சிறந்த திராவி. நல்திருநாடும்
நக்கசிறு பிறைநுதலும் தரித்தறநத் திலகமமே!
அத்திலக வசனை போல் அனைத்துலகும் இன்பமுற
எத்திலையும் புது மணக்க இருத்த பெருத் தமிழணங்கே!
தமிழணங்கே!

உன் சீரினமைத் திரும்வியந்து
செயல்முறந்து வாழ்த்துமே!
வாழ்த்துமே!
வாழ்த்துமே!

- மனோன்மனியம் பெ. சுந்தரம்பிள்ளை

TRANSLITERATION

Neerarum Kadaluuduththa
Nilamadanthai kezhil Ozhukum
Seerarum Vadanamena Thikazh
Bharatha Kandamithil
Thekkanamum Athil Sirantha
Dravidanal Thriunadum Thakkasiru
Pirainuthalum Tharitha Narum
Thilakamume Aththilaka Vasanipol
Anaitthulagum Inbamura
Eththisaium Pugazh Manakka Iruntha Perum
Thamizhanange! Thamizhanange !!
Un Seerilamai Thiram Viyandu Seyal
Marandu Vazhthuthume!
Vazhthuthume! Vazhthuthume!

“Manonmaniam” – P.Sundaram Pillai

SARASWATHI SLOKA

Saraswathi Namasthubhyam,
Varadey Kaamarupinee!
Vidhyarambham Karishyami,
Sidhir bhavathu mey sada !
Yaa Kundendu tushaara haara-dhavalaa,
Yaa shubhra-vastra'avritha
Yaa veena-vara-danda-manditakara,
Yaa shwetha padma'asana
Yaa brahma'achyutha shankara prabhritibhir Devai-sadaa Vanditha
Saa Maam Paathu Saraswati Bhagavatee Nihshesha jaadyaa-pahaa.

SHANTHI PATHA

Saha navavathu
Saha nav bhunaktu
Saha Viryam Kara vavahai
Tejasvi na avadhitam astu
Ma Vid visa Vahai
Om Shanthi, Shanthi, Shanthi Hi

TRANSLATION

Let us be together
Let us eat together
Let us be vital together
Let us be radiating truth
Never shall we denounce anyone
Never entertain negativity

MORNING PRAYER

“O God I thank you for
Giving me this lovely day.
I offer it back to you.
Help me to study well. Bless my Daddy, my Mummy,
my brothers, my sisters,
and my teachers”.

EVENING PRAYER

“O God I thank you for all
that I have learnt today,
I am very sorry for all the wrong that
I have done during this day,
I promise, with your help to be better tomorrow.”

SCHOOL SONG

Tender flowers are we
In the garden of "Maharishi"
Where truth and beauty are supreme
Our duty comes first
Pleasure will be the last
We are the children of God
Whose chosen angel "Maharishi"
Rules our mind: dwells in our heart
His path we follow, there lies our goal
Oh! Jai Guru Dev! Oh! Jai Guru Dev!

Guide us between right and wrong
Good and evil, virtue and vice
And show us the path of righteousness
Let love be our religion
Bless our school, bless our land:
Bless us all; Bless us all;
Fair or dark, rich or poor
We love them all with our heart.

Long live His Holiness Maharishi's glory
Long live Maharishi Vidya Mandir;
Long live His Holiness Maharishi's glory
Long live Maharishi Vidya Mandir.

Composed by - Shri. Desikamani

Choreographed by - Mrs. Anusuya Krishnamurthy

NATIONAL ANTHEM

Jana gana mana adhinayaka jaya he
Bharatha Bhagya Vidhata
Punjab Sindu Gujarata Marata Dravida
Utkala Vanga
Vindhya Himachala Yamuna Ganga Ucchhala
Jaladhi taranga
Tava Subha name jage
Tava Subha ashisha mange
Gahe tave jaya gatha
Jana gana mangala dayaka jaye he Bharatha
Bhagya Vidhata
Jaya he, jaya he, jaya he,
Jaya Jaya Jaya Jaya he.

- Rabindranath Tagore

TRANSLATION

Thou art the ruler of the minds of all people,
Thou Dispenser of India's destiny
Thy name rouses the hearts of the Punjab, Sind
Gujarat and Maratha, of Dravida, Orissa and Bengal
It echoes in the hills of Vindhyas and Himalayas
Mingles in the music of Jamuna and Ganga and is
Chanted by the waves of the Indian Sea
They pray for the blessing and sing thy praise
Thou Dispenser of India's destiny
Victory, Victory, Victory to thee.

INTEGRATION PLEDGE

**“India is my country
All Indians are my brothers and sisters
I love my country
And I am proud of its rich and varied heritage.
I shall always strive to be worthy of it
I shall give my parents, teachers and all elders respect.
And treat everyone with courtesy.
To my country and my people, I pledge my devotion.
In their well-being and prosperity alone lies my happiness”.**

SONG OF PATRIOTISM

सारे जहाँ से आ, हि दोस्तां हमारा।
हम बुलबुलें हैं इसकी, यह गुलिसतां हमारा ॥

गुरबत में हों अगर हम, रहता है दिल वतन में।
समझो वहीं हमें भी, दिल हो जहाँ हमारा ॥ सारे...

परबत वो सबसे ऊँचा, हमसाया आसमाँ का।
वो संक्षरी हमारा, वो पासबाँ हमारा ॥ सारे...

गोदी में खेलती हैं, उसकी हज़ारों निदर्याँ।
गुलशन है जिनकेदम से, रश्क-ए-जिर्नाहमारा ॥ सारे...

ऐ आब-ए-द-ए-गंगा! वो दिन है याद तुझको।
उतरा तेरे किनारे, जब कारवाँ हमारा ॥ सारे...

मज़हब नहीं सिखाता, आपस में बैर रखना।
हि दी है हम वतन है, हि दोस्ताँ हमारा ॥ सारे...

यूनान-ओ-मि-ओ-मा, सब मिट गए जहाँ से।
अब तक मगर है बाकी, नाम-ओ-निशाँ हमारा ॥ सारे...

ऊँच बात है कि हस्ती, मिटती नहीं हमारी।
सिद्यों रहा है श्मन, दौर-ए-ज़माँ हमारा ॥ सारे...

‘इकबाल’ कोई महरम, अपना नहीं जहाँ में।
मालूम ! किसी को, दद-ए-निहाँ हमारा ॥ सारे...

मुहम्मद इकबाल

MEANING

“Better than the entire world, is our
Hindustan;
we are its nightingales of mirth,
and it is our garden abode
Though in foreign lands we may reside,
with our homeland our hearts abide,
Regard us also to be there,
where exist our hearts
That mountain most high,
neighbour to the skies;
it is our sentinel; it is our protector
In the lap of whose,
play thousands of rivers;
gardens they sustain;
the envy-of-the-heavens of ours O waters
of the Ganga mighty, do you recall the day
when on your banks, did land the caravan
of ours Religion does not teach us to
harbour grudges between us
Indians we all are; India, our motherland
While Greece, Egypt,
Rome have all been wiped out
till now yet remains, this civilization of ours
(it has stood the test of time)
Something there is that keeps us, our
entity from being eroded
For ages has been our enemy, the way of
the world Iqbal! Is there no soul that could
understand the pain in thy heart?”

SCHOOL TIMINGS FOR THE ACADEMIC YEAR 2025 -26

Timings	I- XII
08.30 - 08.50	Prayer
08.50 - 09.30	I Period
09.30 - 09.40	Break
09.40 - 10.20	II Period
10.20 - 11.00	III Period
11.00 - 11.40	IV Period
11.40 - 12.20	V Period
12.20 - 12.50	Lunch
12.50 - 01.30	VI Period
01.30 - 02.10	VII Period
02.10 - 02.25	Meditation
02.25 - 03.05	VIII Period
03.05 - 03.45	IX Period

ASSEMBLY SCHEDULE

ACADEMIC YEAR 2025 - 26

Timings : Pre KG & LKG - 8.30 am to 12.30 pm

: UKG - 8.30 am to 2 pm

: I to XII 8.30 am to 3.45 pm

First Bell : 8.20 am

Second Bell : 8.25 am

Thursday : Bhajans

RULES & REGULATIONS

1. All the pupils should come in the prescribed neat uniform every day during the school hours and to all school functions.
2. Pupils should not come with ornaments or valuable articles to school. They are responsible for the safe custody of their books and belongings.
3. During school hours parents/guardians are not allowed to see their wards or their teachers in the classrooms without the permission of the Principal.
4. Any communication, request or complaint made by the parents/guardians should be addressed only to the Principal and not to the class teacher.
5. Any willful damage caused by the pupil to the building, furniture, apparatus or any other school property is liable to be made good by the parent /guardian.
6. Submission of leave letter is Mandatory.
7. Pupil who is ill for a long period must produce a Medical Certificate.
8. Homework assigned to the pupil by the teachers should be done regularly and parents / guardians are requested to co-operate with the school authorities by checking the homework of their wards.
9. Pupil should be punctual to school and bring the prescribed books according to their timetable.
10. Pupils will be eligible to sit for Examination only if they put in 80% of attendance.
11. Chocolates,cakes and gifts are not allowed on birthdays.Peanut candy is preferable.

SPECIAL FEATURES OF MAHARISHI VIDYA MANDIR, MOGAPPAIR

1. Follows curriculum pattern of C.B.S.E Schools – Pre-kg to XII STD
2. Has only English as medium of instruction in all classes.
3. The campus includes a calm and serene garden with special A/C class rooms.
4. Has good facilities for both curricular and co-curricular activities.
5. Has school bus facility for students from I – XII.
6. Transcendental Meditation (T.M.) based on the Unified Field of Technology of His Holiness Maharishi Mahesh Yogi with Yogasanas and Pranayama and Science of Creative Intelligence are an important and regular part of the daily programme. This has been incorporated to improve the learning ability and enhance pupil's full mental potential. Experiments have proved beyond doubt that regular practise of Transcendental Meditation does improve learning ability, memory power, receptivity, power of expression, creativity and improves physical and mental health and social behaviour.

7. Lives of great men are studied as a source of inspiration for students.
8. Development of the total and multi-sided personality of the students is the major objective of the school.
9. Guru Pooja and Group Bhajans are conducted every Thursday.
10. Basic Knowledge of Electronics and Computer is also being imparted.
11. Composite Science Lab for all students.
12. Counselling for developing skills of adolescents is also provided by trained teachers. As per CBSE regulations embracing the idea of diversity is the reality and, therefore, each child is a unique learner. We at Maharishi Vidya Mandir, Moggapair take an effort to make sure that all learners including children with disabilities access school along with other children and receive specially designed support and instructions.
13. Highly interactive and play way methods are used with technology to sustain the interest of the children. Learning by doing, experiencing through activities in all the classes.
14. Technology - aided learning in all the branches of knowledge is imparted by preparation and presentation of educational content through multimedia.
15. Learning and reinforcement of mathematical concepts through practical demonstrations and introduction of non-routine topics at various levels.
16. National flag is hoisted every Monday morning during the assembly session.
17. Leisure time of children is ideally utilized by making them view subject related content to enhance their knowledge.
18. An Informative Technology Centre has been established for conducting IT Courses.
19. Introduction of worksheets in all classes in almost all the subjects for increasing the creativity and comprehension level of the pupils.
20. To help the students in the academic performance, our devoted teachers spend one hour in the evening (after school hours) to guide and assist the students in academics. The parents will be asked to co-operate in picking up their wards from coaching classes.
21. Parents who have transferable jobs can seek admission in Maharishi Vidya Mandir Schools spread all over India (Subject to availability).
22. Digital content is being followed in smart classes for all students. The content framework helps to increase retention of concepts and application based learning.
23. School has special program for sports which focuses on skills and assessment after every lesson.
24. As per the letter from Directorate of School Education, Chennai - 600006, received in the month of October - 2014, it is ordered that Tamil shall be taught as a subject in Standards I to X in all schools, in a phased manner commencing from the academic year 2015 - 2016 for Std I. Hence for the academic year 2023-2024 it is extended upto std IX.

ADMISSIONS AND WITHDRAWALS

A. Admission:

1. While seeking fresh Admission, parents should produce Transfer Certificate from the school where the child last studied, duly signed by the competent authority. Application for admission into any class should be attached with Original Birth Certificate and a Medical Certificate certified by a Registered Medical Practitioner.
2. A child seeking admission to Class I should have completed 5 years and 6 months of age on 31st March. The age for admission to other classes shall be reckoned accordingly. Relaxation in age is not permitted.
3. This school will admit pupils from all recognized schools, Central / State on production of T.C. duly certified by competent officer of the Education Department. However in Std IX and X, this school will admit only pupils from Central Schools on production of T.Cs. Pupils are admitted on the basis of the Scheme of school based assessment/ Aptitude test.
4. **Candidates seeking admission to class XI should have the following criteria:**
Passed an equivalent examination conducted by any other recognized Board of Secondary Education/Indian University and recognized by CBSE as equivalent to its Secondary School Examination

B. Withdrawals :

1. Application for Transfer Certificate should be given in writing to the Principal signed by both the parents of the pupil.
2. Pupil who intends to leave the school should clear all the fee dues to the school before taking the T.C.
3. A student once removed from the roll will be re-admitted only after the payment of re-admission fee of Rs. 5000 /- (Rupees Five Thousand only) for the same academic year, provided there is a seat.

RULES FOR PROMOTION

1. A student is eligible for promotion from Stds I to X only if he or she has attended classes for 80% of the total number of working days for which the school has worked from April to March of the academic year.
2. For III Language there will be an Internal Examination at the end of Std VIII, students should complete the internal examination in the third language of Std VIII positively.
3. A delay in payment of school fees forbids a student from appearing for an examination and the Report Book shall be withheld.

CURRICULUM

The syllabus and curriculum followed are the same as those of Central Board of Secondary Education. We have well qualified and competent team of teachers devoted to their work.

SCHOOL FEES

School fees can be remitted annually in three terms viz., March, July and November either through cash, card or online payment

LANGUAGE PATTERN

- Stds I to X : Language I English
Stds I to V : Language II Tamil/Hindi
 : Language III Tamil/Hindi
- Stds VI to VIII : Language II Tamil/Hindi
 : Language III Tamil/Hindi
- Stds IX & X : Language II Tamil/Hindi
 : Language III Tamil (Compulsory for students who have not taken Tamil as II Language)

Learning Tamil as a language is compulsory from the academic year 2015 - 2016.

CODE OF CONDUCT FOR STUDENTS

Dear Student,

You are a unique person filled with latent potential. We would like to help you explore the riches of your character. To achieve this we need your co-operation and collaboration. Self-imposed discipline will help you acquire ideals, interest, right attitudes, good habits, etc.

The following would be helpful as guidelines:

1. Do Yogasanas regularly and Transcendental Meditation twice a day.
2. Be loyal to your school, teachers and companions.
3. Do your home assignments regularly. Work hard and do your best in your studies and complete all the assignments given to you by the school.
4. Be cheerful and optimistic, radiating joy in your surroundings. Be co-operative and be ready to help others in times of need or when occasion arises.
5. Be honest and sincere in all your dealings.
6. Cleanliness is next to Godliness. Maintain cleanliness of your environment.

GENERAL RULES FOR STUDENTS

1. The school authorities will not be responsible for the loss, damage or theft of pupils' belongings. It is not advisable for the pupils to bring money or valuable articles to school.
2. Although the school is not responsible for the behaviour of its students outside its premises, due notice will be taken of reports of misbehaviour and disciplinary action will be taken against the concerned students if the report is substantiated on proper enquiry.
3. Any damage done in the class or in the school premises by the student should be made good. Pupils must take care of the equipment that has been lent for their use.
4. Speaking in English is enforced in the school and within the school premises.
5. The students must take down the work assigned for the next day in their calendars.
6. Pupils are expected to be punctual. Late comers are liable to be sent home at the parents' own risk. Absence on the re-opening day will be viewed strictly.
7. Irregular attendance, unjustified or unexplained absence for more than a week, habitual idleness, disobedience or objectionable moral influence justifies dismissal.
8. Finger-nails must be trimmed.
9. Boys must have proper haircut and girls should plait their hair and neatly tie with white ribbon.
10. When the students go for P.T. or move along the corridors or while changing classes, they must walk in silence in a single line. They should always keep to the left.
11. Pupils are expected to come to school provided with all that is necessary for the day's work. Borrowing or lending of pencils, erasers, rulers, sharpeners, instrument box, etc., is discouraged.
12. Personal cleanliness and hygiene are greatly recommended to all. Pupils should be particularly careful not to litter anything in the school premises. They should use the Baskets and Bins specially provided for this purpose.
13. Absence without proper information or prior permission will be considered as breach of discipline.
14. The names of students who are absent for one month without informing the school authority will be struck off from the register.
15. The school takes adequate care about the safety of the pupils. However, the school will not be held responsible for any injury or accident met by the pupils outside the school campus.
16. During unavoidable and abnormal circumstances, we may declare a holiday and on such days the school buses will not ply to pick the children to school. In case the holiday announcement comes later, i.e. after the children reach school, they will be retained in the school premises till evening. Parents who want to take them back home must come in person to collect their wards.

CO-CURRICULAR ACTIVITIES

In order to provide total education to children and good citizenship training, the school organizes different co-curricular activities through various Houses, Educational Tours, Audio - Visual Education, Fine Arts, Yogasanas and Pranayama. Programmes to motivate lateral thinking in students are devised and incorporated in school curriculum.

EXTRA CURRICULAR ACTIVITIES

Activities include training in Taekwondo, Bharatha Natyam, Carnatic Music, Band, Fyule Video Lab, Robotics and AI, AR and VR Lab, Sports and Games, etc. The school fosters a high degree of competency in several co-curricular and extra-curricular activities and the children are encouraged to participate in any one activity at a time.

TALENT FIESTA: The noteworthy feature is the Kalavarshini which brings out the hidden talents of our students, teachers, parents and grandparents through cultural programs on the stage.

TIME TABLE - Std. I - V

Name :				CT :									
Time	8.30 - 8.50	8.50 - 9.30		9.40 - 10.20	10.20 - 11.00	11.00 - 11.40	11.40 - 12.20		12.50 - 1.30	1.30 - 2.10		2.25 - 3.05	3.05 - 3.45
Days		1		2	3	4	5		6	7		8	9
MON			9.30 - 9.40 BREAK					12.20 - 12.50 LUNCH			2.10 - 2.25 MEDITATION		
TUE													
WED													
THUR													
FRI													
SAT													

**Transcendental Meditation : I to XII - 2.10 p.m. to 2.25 p.m.
Yogasanas, Pranayama and Transcendental Meditation are
part of our daily programme**

UNIFORM PATTERN: BOYS

S.No.	Class	Uniform Particulars
1.	LKG- VI	Half Pant
2	VII - XII	Full Pant & Shirt

Students from I to XII should wear Sports T-Shirt and track suit every Friday. Black shoes with black socks should be worn on all working days.

UNIFORM PATTERN: GIRLS

S.No.	Class	Uniform Particulars
1.	LKG - II	<i>Frock with collar neck & box pleats</i>
2	III - VI	<i>Pinafore with V neck & 4 box pleats (front & back)</i> <i>Blouse with round collar & Sleeve band in solid brown</i>
3	VII - XII	<i>Salwar Kameez with Sleeve band and coat in solid brown</i> <i>Hair - Two Plaits</i> <i>Ribbons - Black Nylon</i>

Students from I to XII should wear Sports T-Shirt and track suit every Friday. Black shoes with black socks should be worn on all working days.

SCHOOL BUS SERVICE

RULES & REGULATIONS:

1.
 - a) Admission does not ensure school bus service.
 - b) Availability of school bus facility entirely depends on the scheduled timings and location.
 - c) The bus runs for the convenience of children without any liability whatsoever on the part of the authorities of the school.
 - d) Any change of residence, does not guarantee continuity of the service and parents must make their own arrangements.
 - e) If the pupil is found indisciplined while travelling in the school bus, he / she will be removed from the school bus facility.
 - f) The bus facility is available only for classes LKG-Grade XII.
2. The school transport fee is much lower when compared to the auto, vans and public transport rates. Hence you may avail our school transport facility. The children travelling by school bus will be picked from and dropped in the scheduled spots as planned and finalized by the school and not as per parent's wish near their houses.
3.
 - a) If the residence of the child is located in a narrow or blind end street, it would only be possible to pick up the child at a pre-determined place on the main road.
 - b) As it is not possible to provide door service for everyone, the stages fixed by the management shall be final.
4.
 - a) Parents or the relatives are not permitted to accompany the child in the school bus
 - b) On no account should any transaction, of whatever description be entered into, with any of the staff accompanying the children in the bus. Any such transaction will be only at the parent's own risk and will not bind the school authorities in any way.
 - c) The Management does not hold itself liable for any damage or loss incurred by the children during the transit in the school bus.

TRAFFIC RULES

Rules to be followed

While Walking

- Walk only on the pavement or footpath.
- If there is no pavement, walk on the right hand side of the road so that you can see the traffic coming towards you.
- Always walk one behind the other when there is a heavy traffic. Do not rush.
- Do not behave in the street as you do in the playground especially while crossing.
- Cross the road at a zebra crossing, traffic light crossings or at traffic islands or where there is a police officer or a traffic warden.
- Look for traffic in all directions and listen.
- Cross when there is a safe gap and you are sure there is enough time.

While Cycling

- Look behind before starting off, turning right or left, overtaking, or stopping and make sure it is safe.
- Give a clear arm signal to show what you intend to do.
- Always keep both hands on the handlebars unless you are giving a signal or changing gears.
- Do not wear a personal stereo or use a mobile phone whilst cycling. These devices affect your concentration.

CIRCULAR FROM THE TRAFFIC POLICE DEPARTMENT

C.NO: 73/INS/G3TrPS/2016

As per the Traffic Police Commissioner's order, people without proper driving license, are liable for legal action under Motor Vehicle Act. Riders of Two-Wheelers, be it students, their parents or owners of vehicles, come under this rule. In order to avoid such legal action, students and parents of your school are requested not to ride or drive vehicles without proper driving license, compulsorily.

A NOTE TO PARENTS

1. The Hand Book is the most effective medium of Parent - Teacher communication. Parents are requested to check the Hand Book daily, look in for homework endorsement made by the teacher and to communicate their queries through the Hand Book.
2. Parents who seek information or wish to make suggestion should do so to the Principal. The Principal can only be met on all working days during the Visitor's timings. Parents can meet teachers regarding the child's progress after getting permission from the Principal and may do so only on specific days.
3. Parents and Guardians are requested not to meet their children or interview the teacher during class hours without prior permission from the Principal.
4. Parents are expected to co-operate in the work of the school by enforcing regularity, punctuality and discipline, by taking interest in their children's progress. They should check diary daily, note the homework and see that the homework is done.
5. Medical Inspection is held once a year. Parents are requested to follow the suggestions given by the Medical Officer.
6. The school will strictly adhere to the schedule of working days and holidays as mentioned in the Hand Book. Only under extraordinary circumstances, if there is a Government announcement of a holiday for educational institutions, the school will not function.
7. Cycle- parking: Though school safeguards the cycles parked by the students in the school premises during the school hours, the school will not be held responsible for the loss of any cycle. It is the sole responsibility of the pupils to lock the cycle carefully and not allow them to be misused by his/her friends.
8. Parents are requested to ensure that their wards practice Yogasanas and Transcendental Meditation daily which are taught in the school.
9. Ensure that your wards study and then sign in their Hand Book everyday mentioning their study hours.
10. Pupils should bring only Vegetarian food to the school.

WAKE UP PARENTS!

Years back, poor illiterate parents produced

- Doctors • Engineers • Scientists
- Lawyers • Accountants • Architects
- Professors. Whom I will refer to as Group A

These Group A children struggled on their own after primary or Grade 12, to become notable personalities. Most of them

- Trekked to school barefooted went to farms
- Fetched water and firewood
- Cared for domesticated animals
- Did some work including trading after school to survive.

Group 'A' who have now become parents themselves are producing Group B children. These Group B children are

- Pampered.
- Helped in their homeworks or home assignment from nursery school through secondary schools to higher institutions.
- Chauffeur driven to very expensive school or are sent abroad to study.
- They watch movies incessantly.
- They are treated like baby king and queen.
- They don't do any household chores.
- Food is served on the table for them.
- Their plates are removed and washed by parents or house maids.
- They are given expensive cars and clothes.
- Not forgetting big pocket money to be wasted !!!

In spite of all these, only few can **speak** or **write** correctly

Group A parents cared for their own **parents** and **children**,

Group B, their children are still **struggling to find their feet at age 30+ !!**

They find it difficult to do things on their own because they are used to being helped to think and doing things by Group A. So they can't help themselves, their parents or their society. **THEY ABANDON THEIR PARENTS IN THEIR BID TO ACQUIRE THE WORLD.**

Where do you belong ?

- Reduce the pampering and unnecessary help you offer your children.
- Let your children grow in wisdom, intelligence and strength.
- Let them face the truth and the realities of life. Teach them to grow to become independent adults. Teach them to fear God, respect others and develop confidence in themselves.

Parents, discipline your children to become disciplined adults.

LIST OF HOLIDAYS FOR 2025-2026

DATE	DAY	HOLIDAYS
14/04/2025	MONDAY	TAMIL NEW YEAR & AMBEDKAR BIRTHDAY
18/04/2025	FRIDAY	GOOD FRIDAY
07/06/2025	SATURDAY	BAKRID
06/07/2025	SUNDAY	MUHARRAM
08/08/2025	FRIDAY	VARALAKSHMI POOJA
15/08/2025	FRIDAY	INDEPENDENCE DAY
16/08/2025	SATURDAY	JANMASHTAMI
27/08/2025	WEDNESDAY	VINAYAGAR CHATURTHI
05/09/2025	FRIDAY	ONAM
05/09/2025	FRIDAY	MILADI NABI
25/09/2025		QUARTERLY HOLIDAYS
02/10/2025		
01/10/2025	WEDNESDAY	AYUDHA POOJA
02/10/2025	THURSDAY	GANDHI JAYANTHI
02/10/2025	THURSDAY	VIJAYADASAMI
03/10/2025	FRIDAY	
19/10/2025		DIWALI HOLIDAYS
20/10/2025		
21/10/2025		
03/12/2025	WEDNESDAY	KARTHIGAI DEEPAM
24/12/2025		HALF-YEARLY HOLIDAYS
01/01/2026		
25/12/2025	THURSDAY	CHRISTMAS
01/01/2026	THURSDAY	NEW YEAR'S DAY
02/01/2026	FRIDAY	
13/01/2026	TUESDAY	BHOGI
14/01/2026	WEDNESDAY	PONGAL
15/01/2026	THURSDAY	THIRUVALLUVAR DAY
16/01/2026	FRIDAY	UZHAVAR THIRUNAL
26/01/2026	MONDAY	REPUBLIC DAY
01/02/2026	SUNDAY	THAIPUSAM
15/02/2026	SUNDAY	MAHASHIVRATHRI
04/03/2026	WEDNESDAY	HOLI
19/03/2026	THURSDAY	TELUGU NEW YEAR
20/03/2026	FRIDAY	RAMZAN

NUMBER OF WORKING DAYS 2025 - 2026

MONTH	NO.OF WORKING DAYS
APRIL	18
JUNE	22
JULY	25
AUGUST	20
SEPTEMBER	19
OCTOBER	21
NOVEMBER	23
DECEMBER	19
JANUARY	21
FEBRUARY	22
MARCH	14
TOTAL	224

DATE	DAY	APRIL 2025	
1	TUE		
2	WED		
3	THU	NEW ACADEMIC YEAR BEGINS FOR STDS 1 TO XII	1
4	FRI		2
5	SAT		3
6	SUN	SRI RAMA NAVAMI - HOLIDAY	
7	MON	NEW ACADEMIC YEAR REOPENING DAY FOR PRE KG & KG WORLD HEALTH DAY	4
8	TUE		5
9	WED		6
10	THU	MAHAVIR JAYANTHI & WORLD SIBLINGS DAY	7
11	FRI		8
12	SAT		9
13	SUN	JALLIANWALLAH BAGH MASSACRE DAY - HOLIDAY	
14	MON	TAMIL NEW YEAR, AMBEDKAR BIRTHDAY & BAISAKHI - HOLIDAY	
15	TUE		10
16	WED		11
17	THU		12
18	FRI	GOOD FRIDAY - HOLIDAY	
19	SAT		
20	SUN	HOLIDAY	
21	MON		13
22	TUE	WORLD EARTH DAY	14
23	WED		15
24	THU		16
25	FRI		17
26	SAT	LAST WORKING DAY & WORLD ANTI DRUG DAY	18
27	SUN	HOLIDAY	
28	MON	SCHOOL CLOSES FOR SUMMER VACATION	
29	TUE		
30	WED		

DATE	DAY	JUNE 2025	
1	SUN	WORLD PARENTS' DAY - HOLIDAY	
2	MON	SCHOOL REOPENS AFTER SUMMER VACATION	19
3	TUE		20
4	WED		21
5	THU	WORLD ENVIRONMENT DAY	22
6	FRI		23
7	SAT	BAKRID - HOLIDAY	
8	SUN	WORLD OCEANS DAY - HOLIDAY	
9	MON		24
10	TUE		25
11	WED		26
12	THU	WORLD DAY AGAINST CHILD LABOUR	27
13	FRI		28
14	SAT	WORLD BLOOD DONOR DAY - HOLIDAY	
15	SUN	WORLD ELDER ABUSE AWARENESS DAY - HOLIDAY	
16	MON	FATHERS' DAY	29
17	TUE		30
18	WED		31
19	THU		32
20	FRI		33
21	SAT	INTERNATIONAL YOGA DAY	34
22	SUN	HOLIDAY	
23	MON		35
24	TUE		36
25	WED		37
26	THU		38
27	FRI		39
28	SAT	HOLIDAY	
29	SUN	INTERNATIONAL TIGER DAY - HOLIDAY	
30	MON		40

DATE	DAY	JULY 2025	
1	TUE	NATIONAL DOCTORS' DAY & 1 st JULY TO 7 th JULY VAN MAHOTSAV WEEK	41
2	WED		42
3	THU		43
4	FRI		44
5	SAT		45
6	SUN	MUHARRAM - HOLIDAY	
7	MON		46
8	TUE		47
9	WED		48
10	THU	GURU PURNIMA DAY	49
11	FRI	WORLD POPULATION DAY	50
12	SAT	HOLIDAY	
13	SUN	HOLIDAY	
14	MON		51
15	TUE	BIRTHDAY OF KAMARAJAR	52
16	WED		53
17	THU		54
18	FRI		55
19	SAT		56
20	SUN	HOLIDAY	
21	MON		57
22	TUE		58
23	WED		59
24	THU		60
25	FRI		61
26	SAT	KARGIL VICTORY DAY - HOLIDAY	
27	SUN	HOLIDAY	
28	MON	WORLD NATURE CONSERVATION DAY & WORLD HEPATITIS DAY	62
29	TUE		63
30	WED		64
31	THU		65

DATE	DAY	AUGUST 2025	
1	FRI		66
2	SAT		67
3	SUN	HOLIDAY	
4	MON	FRIENDSHIPDAY	68
5	TUE		69
6	WED	HIROSHIMA DAY	70
7	THU	NATIONAL HANDLOOM DAY	71
8	FRI	QUIT INDIA MOVEMENT DAY & VARALAKSHMI POOJA - HOLIDAY	
9	SAT	RAKSHA BHANDAN ,AVANI AVITTAM & NAGASAKI DAY - HOLIDAY	
10	SUN	HOLIDAY	
11	MON		72
12	TUE		73
13	WED		74
14	THU		75
15	FRI	INDEPENDENCE DAY - HOLIDAY	
16	SAT	JANMASHTAMI - HOLIDAY	
17	SUN	HOLIDAY	
18	MON		76
19	TUE		77
20	WED		78
21	THU		79
22	FRI		80
23	SAT	HOLIDAY	
24	SUN	HOLIDAY	
25	MON		81
26	TUE		82
27	WED	VINAYAGAR CHATHURTHI - HOLIDAY	
28	THU		83
29	FRI	NATIONAL SPORTS DAY	84
30	SAT		85
31	SUN	HOLIDAY	

DATE	DAY	SEPTEMBER 2025	
1	MON	NUTRITION WEEK	86
2	TUE		87
3	WED		88
4	THU		89
5	FRI	TEACHERS' DAY, MILADI NABI - & ONAM - HOLIDAY	
6	SAT		90
7	SUN	HOLIDAY	
8	MON	WORLD LITERACY DAY	91
9	TUE		92
10	WED		93
11	THU	BHARATHIYAR REMEMBRANCE DAY	94
12	FRI		95
13	SAT	HOLIDAY	
14	SUN	HINDI DIWAS- HOLIDAY	
15	MON		96
16	TUE		97
17	WED	QUARTERLY EXAMINATION BEGINS	98
18	THU		99
19	FRI		100
20	SAT		101
21	SUN	MAHALAYA AMMAVASYA ,WORLD ALZHEIMER'S DAY- HOLIDAY	
22	MON		102
23	TUE		103
24	WED		104
25	THU	QUARTERLY HOLIDAYS BEGIN	
26	FRI		
27	SAT	WORLD TOURISM DAY- HOLIDAY	
28	SUN	WORLD RABIES DAY- HOLIDAY	
29	MON	WORLD HEART DAY & WORLD DEAF DAY	
30	TUE		

DATE	DAY	OCTOBER 2025	
1	WED	AYUDHA POOJA, WORLD ELDER'S DAY & WORLD VEGETARIAN DAY - HOLIDAY	
2	THU	VIJAYADASAMI, LAL BAHADUR SHASTRI BIRTHDAY, GANDHI JAYANTHI & WORLD NON VIOLENCE DAY - HOLIDAY	
3	FRI	SCHOOL REOPENS AFTER QUARTERLY HOLIDAYS WORLD SMILE DAY	105
4	SAT	WORLD ANIMAL DAY	106
5	SUN	HOLIDAY	
6	MON	WORLD HABITAT DAY	107
7	TUE		108
8	WED	INDIAN AIR FORCE DAY	109
9	THU	WORLD POST DAY & WORLD SIGHT DAY	110
10	FRI	MENTAL HEALTH DAY	111
11	SAT	WORLD GIRL CHILD DAY - HOLIDAY	
12	SUN	HOLIDAY	
13	MON		112
14	TUE		113
15	WED	DR. APJ KALAM'S BIRTHDAY, HAND WASH DAY, WORLD RURAL WOMEN'S DAY & WORLD STUDENTS' DAY	114
16	THU	WORLD FOOD DAY	115
17	FRI	WORLD POVERTY ERADICATION DAY	116
18	SAT		117
19	SUN	DIWALI - HOLIDAY	
20	MON	DIWALI - HOLIDAY	
21	TUE	DIWALI - HOLIDAY	
22	WED		118
23	THU		119
24	FRI		120
25	SAT	HOLIDAY	
26	SUN	HOLIDAY	
27	MON		121
28	TUE	VIGILANCE AWARENESS WEEK	122
29	WED		123
30	THU		124
31	FRI	NATIONAL REDEDICATION DAY	125

DATE	DAY	NOVEMBER 2025	
1	SAT		126
2	SUN	HOLIDAY	
3	MON		127
4	TUE		128
5	WED		129
6	THU		130
7	FRI		131
8	SAT	FROM 9TH NOVEMBER TO 15TH NOVEMBER - INTERNATIONAL WEEK OF SCIENCE - HOLIDAY	
9	SUN	HOLIDAY	
10	MON		132
11	TUE		133
12	WED		134
13	THU		135
14	FRI	WORLD HERITAGE WEEK, CHILDREN'S DAY & WORLD DIABETES DAY	136
15	SAT		137
16	SUN	HOLIDAY	
17	MON		138
18	TUE		139
19	WED	NATIONAL INTEGRATON DAY & NATIONAL INTEGRATON WEEK BEGINS	140
20	THU	WELFARE OF MINORITIES DAY	141
21	FRI	LINGUISTIC HARMONY DAY	142
22	SAT	WEAKER SECTIONS DAY- HOLIDAY	
23	SUN	CULTURAL UNITY DAY - HOLIDAY	
24	MON		143
25	TUE		144
26	WED		145
27	THU		146
28	FRI		147
29	SAT		148
30	SUN	HOLIDAY	

DATE	DAY	DECEMBER 2025	
1	MON	WORLD AIDS DAY	149
2	TUE	NATIONAL POLLUTION CONTROL DAY	150
3	WED	KARTHIGAI DEEPAM - HOLIDAY	
4	THU	INDIAN NAVY DAY	151
5	FRI		152
6	SAT		153
7	SUN	FLAG DAY - HOLIDAY	
8	MON		154
9	TUE		155
10	WED	WORLD HUMAN RIGHTS DAY	156
11	THU	MAHAKAVI BHARATHIYAR BIRTHDAY	157
12	FRI		158
13	SAT		159
14	SUN	HOLIDAY	
15	MON	HALF YEARLY EXAM BEGINS	160
16	TUE		161
17	WED		162
18	THU		163
19	FRI		164
20	SAT		165
21	SUN	WORLD MEDITATION DAY, HIS DIVINITY GURUDEV SWAMI BRAMANANDA SARASWATHI MAHARAJ JI'S BIRTHDAY & HOLIDAY	
22	MON	DR.RAMANUJAM'S BIRTHDAY	166
23	TUE		167
24	WED	HALF YEARLY HOLIDAYS BEGIN	
25	THU	CHRISTMAS - HOLIDAY	
26	FRI		
27	SAT		
28	SUN	HOLIDAY	
29	MON		
30	TUE		
31	WED	VAIKUNDA EKADASHI	

DATE	DAY	JANUARY 2026	
1	THU	NEW YEAR DAY - HOLIDAY	
2	FRI	SCHOOL REOPENS AFTER HALF YEARLY HOLIDAYS	168
3	SAT		169
4	SUN	HOLIDAY	
5	MON		170
6	TUE		171
7	WED		172
8	THU		173
9	FRI		174
10	SAT		175
11	SUN	HOLIDAY	
12	MON	FOUNDER'S DAY, HIS HOLINESS MAHARISHI MAHESH YOGI JI'S BIRTHDAY, SWAMI VIVEKANANDA BIRTHDAY & NATIONAL YOUTH DAY	176
13	TUE	BHOGI - HOLIDAY	
14	WED	PONGAL - HOLIDAY	
15	THU	THIRUVALLUVAR DAY - HOLIDAY	
16	FRI	UZHAVAR THIRUNAL - HOLIDAY	
17	SAT	GURU GOBIND SINGH JAYANTHI	177
18	SUN	HOLIDAY	
19	MON		178
20	TUE		179
21	WED		180
22	THU		181
23	FRI	NETHAJI BIRTHDAY	182
24	SAT		183
25	SUN	NATIONAL VOTERS' DAY - HOLIDAY	
26	MON	REPUBLIC DAY - HOLIDAY	
27	TUE		184
28	WED		185
29	THU		186
30	FRI	MARTYRS' DAY & WORLD LEPROSY DAY	187
31	SAT		188

DATE	DAY	FEBRUARY 2026	
1	SUN	THAIPUSAM - HOLIDAY	
2	MON		189
3	TUE		190
4	WED	WORLD CANCER DAY	191
5	THU		192
6	FRI		193
7	SAT		194
8	SUN	HOLIDAY	
9	MON		195
10	TUE		196
11	WED		197
12	THU		198
13	FRI		199
14	SAT	HOLIDAY	
15	SUN	MAHASHIVARATHRI - HOLIDAY	
16	MON		200
17	TUE		201
18	WED		202
19	THU		203
20	FRI		204
21	SAT		205
22	SUN	WORLD SCOUTS' DAY - HOLIDAY	
23	MON		206
24	TUE		207
25	WED		208
26	THU		209
27	FRI		210
28	SAT	NATIONAL SCIENCE DAY - HOLIDAY	

DATE	DAY	MARCH 2026	
1	SUN	HOLIDAY	
2	MON		211
3	TUE		212
4	WED	HOLI - HOLIDAY	
5	THU		213
6	FRI		214
7	SAT		215
8	SUN	WORLD WOMEN'S DAY - HOLIDAY	
9	MON		216
10	TUE		217
11	WED		218
12	THU	DANDI MARCH	219
13	FRI		220
14	SAT	HOLIDAY - KARADAIYAN NOMBU	
15	SUN	WORLD CONSUMERS' RIGHT DAY - HOLIDAY	
16	MON		221
17	TUE		222
18	WED		223
19	THU	TELUGU NEW YEAR - HOLIDAY	
20	FRI	RAMZAN - HOLIDAY	
21	SAT	WORLD FORESTRY DAY & LAST WORKING DAY FOR THE ACADEMIC YEAR	224
22	SUN	WORLD DAY OF WATER - HOLIDAY	
23	MON	BHAGAT SINGH'S MARTYRDOM	
24	TUE	WORLD TUBERCULOSIS DAY	
25	WED		
26	THU		
27	FRI	SRI RAMA NAVAMI	
28	SAT		
29	SUN	HOLIDAY	
30	MON		
31	TUE	MAHAVIR JAYANTI	

Test / Exam Portion

Date:

MAHARISHI VIDYA MANDIR
MOGAPPAIR
ASSESSMENT

DATE	DAY	SUBJECT

Class Teacher's Signature

Parent's Signature

MAHARISHI VIDYA MANDIR
MOGAPPAIR
ASSESSMENT

DATE	DAY	SUBJECT

Class Teacher's Signature

Parent's Signature

MAHARISHI VIDYA MANDIR
MOGAPPAIR
ASSESSMENT

DATE	DAY	SUBJECT

Class Teacher's Signature

Parent's Signature

MAHARISHI VIDYA MANDIR
MOGAPPAIR
ASSESSMENT

DATE	DAY	SUBJECT

Class Teacher's Signature

Parent's Signature

MAHARISHI VIDYA MANDIR
MOGAPPAIR
ASSESSMENT

DATE	DAY	SUBJECT

Class Teacher's Signature

Parent's Signature

MAHARISHI VIDYA MANDIR
MOGAPPAIR
ASSESSMENT

DATE	DAY	SUBJECT

Class Teacher's Signature

Parent's Signature



Meditation vs Education



My education transformed me superficially,
made me civilized,

My meditation transformed me deeply,
made me realized.

My education gave me gold medals,
My meditation gave me golden moments.

My education gave me job eligibility,
My meditation gave me life flexibility.

My education fostered appreciation,
My meditation fostered introspection.

My education made me a good tax-payer,
My meditation answered my prayers.

My education sharpened my intelligence,
My meditation deepened my awareness.

My education stimulated my passion,
My meditation motivated my compassion.

My education made my job fruitful,
My meditation made my life grateful.

My education provoked competitiveness,
My meditation invoked inclusiveness.

My education inflated my ego,
My meditation allowed me to let go.

My education coloured my mind,
My meditation made my mind,
(undisturbed)

My education pushed me outward,
My meditation pulled me inward.

My education made me who I am,
My meditation showed me who am I.

EDUCATE TO MEDITATE

2025 - INTERNATIONAL YEAR OF GLACIER

This International Year is part of a larger effort to gather global support, promote research, and improve access to cryosphere data, aiming to mitigate the consequences of rapid glacier melting. World Meteorological Organisation and United Nations Educational, Scientific and Cultural Organization invite World Meteorological Organisation Members, other **United Nations** agencies, and Scientific organizations to support the initiative.

ASSIGNMENT

Date :

Day :

Teacher's Sign

Parent's Sign

Date :

Day :

Teacher's Sign

Parent's Sign

Date :

Day :

Teacher's Sign

Parent's Sign

"A comfortable and regulated life is needed for fastest pace of evolution."

- Maharishi ji

ASSIGNMENT

Date :

Day :

Teacher's Sign

Parent's Sign

Date :

Day :

Teacher's Sign

Parent's Sign

Date :

Day :

Teacher's Sign

Parent's Sign

“No action can be performed successfully without a clear result in view.”

- Maharishiji

ASSIGNMENT

Date :

Day :

Teacher's Sign

Parent's Sign

Date :

Day :

Teacher's Sign

Parent's Sign

Date :

Day :

Teacher's Sign

Parent's Sign

"Human Concept, no matter how grand they may appear, have limitations."

- Maharishiji

ASSIGNMENT

Date :

Day :

Teacher's Sign

Parent's Sign

Date :

Day :

Teacher's Sign

Parent's Sign

Date :

Day :

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"We must take situations as they are. We must only change our mental attitude towards them."

- Maharishiji

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"Being happy is of the utmost importance."

- Maharishiji

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"People are influenced by what we are, what we radiate. This has greater appeal than what we say."

- Maharishiji

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"Attend to your own inner health and happiness."

- Maharishiji

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"We are born only to bless, not to punish."

- Maharishiji

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"Whatever we put our attention on will grow stronger in our life."

- Maharishiji

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“The kingdom of heaven is like electricity. You don't see it. It is within you.”

- Maharishiji

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"God grants us the faculty to open ourselves to peace."

- Maharishiji

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“When you forgive all, nature enjoys your brilliance and returns joy to you.”

- Maharishiji

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"Knowledge has organising power."

- Maharishiji

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“Be established in the eternal unbounded reservoir of energy, intelligence & happiness within yourself and perform action to enjoy maximum results. Transcendental Meditation is the key.”

- Maharishi

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"Life finds its purpose and fulfilment in the expansion of happiness."

- Maharishiji

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“A right thought is one which in its nature, is harmonious and useful to the thinker and his surroundings.”

- Maharishiji

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"God has blessed us with green earth, just save it."

- Maharishi ji

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"The purpose of speech is to inspire and to uplift."

- Maharishi ji

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“We should never doubt what we have created, because then we have created doubt.”

- Maharishiji

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"Problems will disappear as darkness disappears with the onset of light."

- Maharishiji

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“Education will be complete only when both subjective and objective methods of gaining knowledge are used.”

- Maharishi ji

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"The whole effect of activity is to enrich the feeling of the other."

- Maharishiji

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“Let us not look back in anger or forward in fear, but around in awareness.”

- Maharishiji

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"The state of least excitation of consciousness is the field of all possibilities."

- Maharishiji

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"Failure is not the end of the road but only a bend."

- Maharishiji

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"Don't go for what you know you can get. Go for what you really want."

- Maharishiji

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“Deserve..... and then desire.”

- Maharishiji

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"A comfortable and regulated life is needed for fastest pace of evolution."

- Maharishi ji

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“All that is true and real, is always simple, natural and life supporting.”

- Maharishiji

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"You are the master of all the laws of nature if you know the transcendental field."

- Maharishi ji

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"It is better to build children than to repair men."

- Maharishi Ji

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"No action can be performed successfully without a clear result in view."

- Maharishiji

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"It doesn't matter if he thinks bad of me. I think good of him."

- Maharishiji

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"When you forgive all, nature enjoys your brilliance and returns joy to you."

- Maharishiji

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“Knowledge is like water, to be pure it must keep running.”

- Maharishi Ji

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"Water the root to enjoy the fruit."

- Maharishiji

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“Simpler you are, more at home with you people feel.”

- Maharishiji

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"Calm and composed mind is the fountain head of knowledge."

- Maharishiji

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"When the conscious mind expands to embrace deeper levels of thinking, the thought wave becomes more powerful and results in added energy and intelligence."

- Maharishiiji

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"It is the responsibility of the older generation to advise the young, to tell the child what is right and wrong. Even if they do not want to listen, to follow our direction, it is right to tell them."

- Maharishiji

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“What we are inside we radiate outside.”

- Maharishiji

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You are the master of all the laws of nature if you know the transcendental field.

- Maharishiji

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“Silence maintained is strength. Silence omitted is suffering”

- Maharishiji

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"All that we are is the result of what we have thought. The mind is everything.
What we think, we become".

- Maharishiji

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“From tiny tiny waves of joy, one gets to the ocean of Happiness,
which is called Bliss”.

- Maharishiji

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“Silence experienced is infinity. Silence expressed is beauty”

- Maharishiji

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"It is better to build children than to repair men."

- Maharishi ji

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Being happy is of the utmost importance. Success in anything is through happiness.

- Maharishiji

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“The most effective teachers embody the teaching they give out.”

- Maharishi ji

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There is one unity, unified wholeness, total natural law, in the transcendental unified consciousness.

- Maharishiji

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"The secret of success is conviction and persistence".

- Maharishi ji

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“When the mind is attuned to the cosmic law, all the laws of nature are in perfect harmony with the aspirations of the mind”.

- Maharishiiji

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The purpose of education is to make a man orderly within himself as well as orderly unit of his family, his society, his nation and the world.

- Maharishiji

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Where is the money going to come from? From wherever it is at the moment.

- Maharishi ji

**PUNCTUALITY / CLEANLINESS / ORDERLINESS
RECORD OF PUPIL**

Date	Details	Teacher's / Principal's Signature	Parent's Signature

IMPORTANT ANNOUNCEMENT

Rules and regulations laid down by TamilNadu Education Department for students

1. Students should report to school on time.
2. Students should wear proper formal dress (Uniform).
3. The shirts should be long enough to be tucked in properly.
4. Students should not tuck the shirt in an improper way. Students should wear school belt only.
5. Students should trim their nails short both in hands and feet and should have police hair cut only.
6. Students should have short trimmed mustache and cleanly shaved face. In case of deviation severe action will be taken.
7. Students should not wear rubber bands or any type of coloured threads in their hands and are also prohibited to wear ear-rings, studs or chains.
8. Students are allowed to avail leave only with the consent of the parents and the class teacher.
9. Bikes, smart watches and smart phones are strictly prohibited, any violation will lead to confiscation (will not be returned).
10. Students should have courtesy and probity in their behaviour.

DISCIPLINARY RECORD

April 2025	June 2025	July 2025	Aug 2025	Sep 2025	Oct 2025	Nov 2025	Dec 2025	Jan 2026	Feb 2026	Mar 2026
1	1	1	1	1	1	1	1	1	1	1
2	2	2	2	2	2	2	2	2	2	2
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○ Circle round the date indicates late coming

AN APPEAL

Dear Parents

A Parent's duty does not end once the child is admitted in school. In fact, in the present educational system, only the joint efforts of both parents and teachers can provide a bright future. Do not hesitate to consult either the class teacher or the Principal. If you can speak in English, it is good, if not you can converse with the teacher, in a language known to you. But encourage your child to always converse in English.

Supervise your ward's day to day activities. Draw a time table for their daily routine, right from brushing their teeth in the morning, till they go to bed. See to it that they go to sleep early at night and follow it accordingly. Set aside time for them to play and watch T.V. Do not hesitate to check into their duties such as brushing their teeth, bathing, cutting their nails, washing their face, hands and legs, cleaning their shoes, oiling and combing their hair, arranging and bringing books to school according to their time table, completing their home work regularly, bringing fresh and nutritious food to school, bringing a spoon and small napkin to wipe their hands and such other things everyday.

Shower love and affection on your children and at the same time, be strict when necessary.

We, the parents and teachers, join hands to create a bright and prosperous future for our children.

வேண்டுகோள்

அன்பிற்குரிய பெற்றோர்களுக்கு....

குழந்தையைப் பள்ளியில் சேர்த்தவுடன் பொறுப்பு முடிந்தது என எண்ண வேண்டாம். இன்றைய கல்வி முறையில் பெற்றோரும், ஆசிரியரும் ஒருங்கிணைந்து செயல்பட்டால்தான், நல்ல எதிர்காலத்தைத் தர முடியும். எனவே, ஐயம் ஏற்படும் போதெல்லாம் வகுப்பு ஆசிரியரையோ, பள்ளி முதல்வரையோ கலந்தாலோசிக்கத் தயங்க வேண்டாம். தங்களுக்கு ஆங்கிலம் தெரிந்தால் நல்லது. தெரியாது என்றால் அது ஒரு குறைபாடு அல்ல. தங்களுக்குத் தெரிந்த மொழியில் ஆசிரியரிடம் பேசவும். ஆனால், உங்கள் மாணவச் செல்வத்தை மட்டும் எப்போதும் ஆங்கிலத்தில் பேசுமாறு ஊக்கப்படுத்தவும்.

தங்களது புதல்வன் / புதல்வியின் நடவடிக்கைகளைத் தினசரி கண்காணிக்கவும். காலை பல் தேய்ப்பதில் இருந்து, இரவு தூங்குதல் வரை கால அட்டவணை ஒன்றைத் தயாரித்து அதன்படி கட்டாயம் செயல்படச் சொல்லவும். விளையாடவும், தொலைக்காட்சி பார்க்கவும் நேரத்தைத் தாங்கள் ஒதுக்கிக் கொடுக்கவும். பஸ்துலக்குதல், நீராடல், நகம் வெட்டுதல், முகம், கை, கால் சுத்தம் செய்தல், காலணிகளைச் சுத்தம் செய்தல், தலைமுடிக்கு எண்ணெய் தேய்த்து ஒழுங்காக வைத்திருத்தல், சுத்தமான ஆடை அணிகளை அணிதல், கால அட்டவணைப் படி புத்தகம் மற்றும் நோட்டுப் புத்தகங்களை பள்ளிக்குக் கொண்டு வருதல், வீட்டுப் பாடங்களை ஒழுங்காகச் செய்தல், புளித்துப் போகாத நல்ல சத்துள்ள உணவுகளைத் தந்து பள்ளிக்கு அனுப்புதல் போன்ற அன்றாடக் கடமைகளை நினைவுறுத்தத் தயங்காதீர்கள். உங்கள் மழலைக்கு அளவற்ற அன்பைத் தரவும், அதே நேரத்தில் கண்டிப்புடனும் இருக்கத் தயங்காதீர்கள்.

உங்கள் பிள்ளைகள் தினமும் வீட்டில் முறையாக ஆழ்நிலைத் தியானமும் யோகாசனமும் செய்கிறார்களா எனக் கவனிக்கவும்.

கால அட்டவணை ஒன்றினைத் தயாரித்து, தினசரி செயல்பாடுகளையும், படிப்பினையும் முறைப்படுத்தவும் குறைந்தது மூன்று மணி நேரமாவது படிக்கச் செய்து பள்ளிக் குறிப்பேட்டில் பதிவு செய்து ஆசிரியர்களுடன் தினசரி தொடர்பை வலுப்படுத்திக் கொள்ளுங்கள்.

பெற்றோரும் ஆசிரியர்களும் இணைந்து பணியாற்றி நமது குழந்தைகளுக்கு நல்ல எதிர்காலத்தை உருவாக்குவோம்.

